



## Communion for Kids 101

*Watch a video clip of the Lord's Supper—just the part about the bread and wine, to keep it really simple. An animated version, or the Miracle Maker works well, but you may be able to find something child-friendly on You Tube. Alternately, read the story from a child's Bible story book, or from the Bible in Luke 22:14-20. (Use the New International Reader's Version, or another translation for children.)*

*Feel free to use the following as a guideline, but of course, use your own words—words your child understands. Here's (literally) what we say to the kids when we teach about Communion:*

What you saw in this video clip was The Lord's Supper, or the very first Communion. When Jesus broke the bread and passed the wine, it was like an object lesson that would help his followers remember his death.

Communion is basically sharing bread and wine—or juice—in remembrance of what Jesus suffered on the cross for you and me.

**It's simple.** (Not complicated. It's bread, and we break it and eat it. It's juice, and we drink it.)

**It's a symbol.** A symbol is something that reminds you of something else. (It isn't really the body and blood of Christ, but we use it to remember what happened to Jesus, how they hurt him so badly, how he bled and died for us. So, it's very, very important.)

**It shows your faith.** (*Read 1 Corinthians 11:26.* Taking communion is telling everyone that you believe that Jesus died for all of us, and that He's alive and coming back again.)

**It is serious.** (*Read 1 Corinthians 11:24.* You know how on Remembrance Day, we stand for a moment of silence, and remember soldiers who died? Have you ever been to a funeral, where everyone is sad because they miss the person who has died, and they talk about the person, remembering him or her and how special he or she was? Sillyness, or a "Who cares?"-attitude has no place there. Well, communion is also a "remembrance" time, so the same applies. Communion is only for those who believe in Jesus, and who have shown it by saying "Yes!" to God's forgiveness and "Yes!" to following Jesus. It's so serious, that the Bible says we should judge ourselves and have the right attitude before we take it. A judge is a person who decides if a person is innocent, or if that person has done something wrong. The Bible says we can judge ourselves, and think about whether we need to make things right with God. It's so serious that if a group is serving communion, and we don't feel like our attitude is right or we know that something's not right with our relationship with God, we can and should decide to pass on taking communion.

(If you're not quite sure what taking the time to judge or examine ourselves means, look at the Family Communion notes with a parent...)